

WOMEN Chess CHAMPIONSHIP

SHOW YOUR STRATEGY, SKILL & CONFIDENCE!

 **12/03/2026**

 **6:00 PM ONWARDS**

 **CAFETERIA
GROUND FLOOR,
LGBRIMH**

Come, Play & Prove
YOU ARE THE CHAMPION!

CONTACT:



Dr Neha



Dr. Juhi

Pre Jubilee CULTURAL GALA NIGHT

AUDITION & SELECTION

FOR

Singing & Dance



12TH MARCH 2026

AT CAFETERIA, FIRST FLOOR



FROM **4PM** ONWARDS

ALL PARTICIPANTS MUST BE PRESENT!

CONTACT:



Dr Binita Talukdar – 94012 70455

Dr Juhi Gupta – 6000852581



**LOKOPRIYA GOPINATH BORDOLOI
REGIONAL INSTITUTE OF MENTAL
HEALTH (LGBRIMH), TEZPUR, ASSAM**



**150 Years Celebration
Solo Song Competition
Date: 11th March, 2026
Venue: Auditorium, LGBRIMH
Time: 5.30 PM onwards**

**Organised by the Cultural Committee
of 150th Years Celebration, LGBRIMH**



150 YEARS CELEBRATION OF

LGBRIMH

COOKING COMPETITION

Theme: Tradition with Fusion

Venue: Cafeteria, Ground Floor

Date: 20th March | **Time:** 7:30 PM

RULES:

- ★ Maximum 2 Items
- ★ Video recording of Atleast 1 min during preparation
- ★ Score will be decided by judges & their opinion will be final



**Join &
Showcase
Your Culinary Skills!**



Contact for Registration:

Dr Juhi Gupta - 60008 52581

Dr Binita Talukdar - 94012 70455

**Last date for registration -
18th March 2026**

L.G.B. REGIONAL INSTITUTE OF MENTAL HEALTH
CELEBRATES 150 YEARS OF EXCELLENCE!



Golo Singing COMPETITION

Open to All Staff & Students

DATE: FRIDAY, MARCH 11, 2026
TIME: 5:30 PM ONWARDS
AT THE AUDITORIUM

REGISTRATION CONTACTS:
DR. KUNJALATA GOGOI - 94357 82223
MS. PUBALI DEKA - 98599 39116

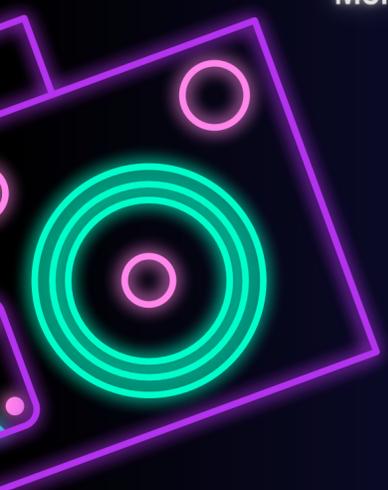


Golo Dance COMPETITION

Open to All Staff & Students

DATE: MONDAY, MARCH 16, 2026
TIME: 5:30 PM ONWARDS
AT THE AUDITORIUM

REGISTRATION CONTACTS:
DR. ANGSU LAMA - 84738 48298
MRS. JOYSHREE DUTTA - 94353 81041
MRS. GITA DEKA - 60016 67301



Quiz COMPETITION

Adult Category

DATE: MONDAY, MARCH 9, 2026
TIME: 5:30 PM ONWARDS
AT CAFETERIA HALL, 1ST FLOOR

Children's Category

DATE: TUESDAY, MARCH 10, 2026
TIME: 5:30 PM ONWARDS
AT CAFETERIA HALL, 1ST FLOOR

REGISTRATION CONTACTS:
DR. JUHI GUPTA - 60008 52581
DR. CH. PADMINI ROY - 97077 06951



RULES

SOLO SINGING COMPETITION

- ADULT CATEGORY
 - AGE: 18 YEARS AND ABOVE.
 - TIME LIMIT: 5 MINUTES.
- CHILD CATEGORY
 - AGE: 8 – 18 YEARS.
 - TIME LIMIT: 5 MINUTES.
 - ELIGIBILITY: ALL CHILDREN OF STAFF.

SOLO DANCE COMPETITION

- ADULT CATEGORY
 - AGE: 18 YEARS AND ABOVE.
 - TIME LIMIT: 5 MINUTES.
- CHILD CATEGORY
 - AGE: 8 – 18 YEARS.
 - TIME LIMIT: 5 MINUTES.
 - ELIGIBILITY: ALL CHILDREN OF STAFF.

QUIZ COMPETITION

- ADULT CATEGORY:
 - AGE: 18 YEARS AND ABOVE
 - ELIGIBILITY: ALL MASTERS STUDENTS OF LGBRIMH
- CHILD CATEGORY:
 - AGE: 8 – 18 YEARS.
 - ELIGIBILITY: ALL CHILDREN OF STAFF