

RESOURCE PERSONS



Dr. Pradip Kumar Sarma
District Programme Officer,
District Mental Health Program,
Sonitpur district, Assam



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Professor & Head
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Nursing Tutor
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মনস্পর্শ - TOUCH OF THE MIND CAPACITY DEVELOPMENT PROGRAMME

CNE FOR NURSES

ON

“GERIATRIC MENTAL HEALTH CARE”



Date: 26/03/2026

Time: 8 am to 5 pm

VENUE: Cafeteria building of LGBRIMH

Registration fees: Nil

CREDIT POINT: 2

ORGANIZED BY

**Department of Psychiatric Nursing of LGBRIMH in collaboration with Joint
Director office, District Program Officer, District Mental Health Programme,
Sonitpur, Assam**

Dear Delegates,

Psychiatric Nursing Department in collaboration with Joint Director office, District Program Officer, District Mental Health Programme, Sonitpur is organizing a one-day CNE on 26th March 2026 for the staff nurses working in various health care settings of Sonitpur district as a part of Manasparsha Programme. This programme aimed at improving mental health literacy, reducing stigma and strengthening the competencies of health care providers through targeted training. You are cordially invited to attend the CNE.

ABOUT THE CNE

This CNE will enhance nursing personnel knowledge on common geriatric mental health disorders, risk factors, symptoms and nursing management and guide to conduct mental health awareness camp.

OBJECTIVES:

At the end of the CNE, the participants will be able to:

1. Identify Geriatric Mental Health problems in community.
2. Plan nursing intervention for geriatrics with mental health problems
3. Conduct mental health promotion activities for geriatrics

Organizing Chairperson
Dr. Arunjyoti Baruah
Prof cum HOD, Psychiatric Nursing
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Organizing Secretary
Mrs. Chitra Bora
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PROGRAMME SCHEDULE

Time	Topic
8:30am - 9:00am	Registration
9:00am - 9:15am	Pre-test
9:15am - 9:45am	Inauguration function
9:45am - 10:45am	Common mental health problems in geriatrics: Dementia, Depression, Anxiety Disorders, OCD
10:45am - 11:15 am	Tea break
11:15am - 12:15pm	Common mental health problems in geriatrics: Schizophrenia, Delusional Disorder, Substance Use Disorder, Sleep Disorders, Suicide Risk
12-15 am to 1:15 pm	Special concern of geriatrics: Elder abuse
1:15pm –2.00pm	Lunch break
2:00pm –3.00pm	Mental health promotion in geriatrics
3:00pm –4.00pm	Nursing management of Geriatric Mental Health problems
4.00pm –4.15pm	Tea break
4:15pm - 4:30pm	Post test
4:30pm - 5:00pm	Valedictory session