



**Manasparsha (মনস্পর্শ - Touch of the Mind):  
Capacity Development Programme**



**NEED FOR THE WORKSHOP**

During routine academic and research-related community home visits and sub-centre visits conducted by the Department of Psychiatric Nursing, LGBRIMH, a significant gap was observed in the knowledge and skills of grass-root level healthcare workers in identifying and managing cases of Substance Use disorders. These observations highlighted the need for strengthening community-level capacity of nurses and other grassroots level health workers to address substance use problems in a timely and effective manner.

**AIM OF THE WORKSHOP**

By equipping nurses and community healthcare workers with practical knowledge and skills, it aims to strengthen community-based substance use services, promote early help-seeking behaviour and ultimately reduce the burden of substance-related consequences.

**Workshop for Nurses and ASHA workers**

**THEME**

**Early action, Better health: Identifying and Managing Substance Use in Primary Care- Capacity Building**

**DATE**

**27<sup>TH</sup> MARCH, 2026**

**VENUE**

**LGBRIMH Cafeteria building**



**Organized by  
Department of Psychiatric Nursing  
LGB Regional Institute of Mental Health, Tezpur**



**SESSIONS AND TIME SCHEDULE**



8.30AM-9.30 AM	Registration, breakfast and Pre test	
9.30AM-10.00AM	Inaugural session	
10.00AM-10.45 AM	Overview of Alcohol Use Disorder (AUD), it's warning signs, severity and complications	Dr. Pradip Kumar Sarma Nodal Officer DMHP, Sonitpur.
10.45AM-11.30AM	Alcohol use disorder screening tools and their application at community level	Dr. Pranjal J Chakravarty Assistant Professor, Tezpur Medical College, Tezpur
11.30PM-12.15PM	Introduction to tobacco use disorders, perception towards tobacco use behaviour it's complications and Preliminary assessment of tobacco use disorder	Dr. Kunjalata Gogoi Assistant Professor, Dept. of Psychiatric Nursing, LGBRIMH
12.15PM-1.00PM	Family-based intervention in alcohol use disorder (engaging family members, psycho education, communication skills and support strategies)	Dr. Chanamthabam Padmini Roy Nursing Tutor, Dept. of Psychiatric Nursing, LGBRIMH
1.00PM-2.00PM	Lunch break	
2.00PM-2.45PM	Management of Alcohol Use Disorder (AUD) and referral pathways	Dr. Pradip Kumar Sarma Nodal Officer DMHP, Sonitpur
2.45PM-3.30PM	Referral Pathways: Tobacco Cessation Clinics and Mental Health Services	Dr. Subhra Sarkar Nursing Tutor, Dept. of Psychiatric Nursing, LGBRIMH
3.00PM-3.45PM	Tea break	
3.45PM-4.15PM	Brief Intervention for tobacco cessation and behavioural counselling techniques (Role play)	Sagarika Chetia Ph.D. Scholar Dept. of Psychiatric Nursing, LGBRIMH
4.15PM-4.30PM	Valedictory session	



**SNC credit points will be awarded**

