



ONE DAY WORKSHOP (HYBRID MODE)

On

“Early Identification to Early Intervention: Empowering Psychiatric Nurses in Child and Adolescent Mental Health Care”

A capacity building programme under Manasparsha

(Touch of the Mind)



Organized by

Department of Psychiatric Nursing,

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur



Date:
13/10/2026



Time:
8.30am-5.00pm



Venue:
Cafeteria/Auditorium
LGBRIMH, Tezpur



Welcome Note:

On behalf of the Organizing Team, we extend a warm welcome to all the esteemed delegates to this hybrid workshop. We look forward to your active participation, enriching exchange of knowledge and experiences, and collective efforts towards strengthening child and adolescent mental health care.



Objectives:

By the end of the workshop, participants will be able to:

1. Recognize normal development, developmental variations, and mental health red flags.
2. Identify common mental health problems and their clinical presentations.
3. Apply basic screening and mental health assessment skills.
4. Implement appropriate early psychiatric nursing interventions.
5. Strengthen family engagement, referral, follow-up, and continuity of care.

PROGRAM SCHEDULE

TIME	Topics	Resource Person
8.30-9.00am	Registration	
9.00-9.30am	Breakfast	
9.30-9.45am	Pre test	
9.45-10.00 am	Inaugural session	
10.00-11.00am	Understanding the Developing Mind: Normal Development, Mental Health Red Flags and Early Identification	Dr. G. Radhakrishnan, Additional Professor, Department of Nursing, NIMHANS, Bengaluru
11:am-12:15pm	Recognising Common Mental Health Problems in Children and Adolescents: Clinical Presentation	
12:15-1:00pm	Practical Screening and Mental Health Assessment of Children & Adolescents	Dr. Achla Dagdu Gaikwad, Assistant Professor, Department of Psychiatric Nursing, Assistant Registrar (Academics), IHBAS, Delhi
1:00-2:00pm	Lunch break	
2:00-3:00pm	Managing Child and Adolescent Mental Health Problems in Clinical Practice: Nursing Approach	Dr. Lairinhui, Assistant Professor, College of Nursing, RIPANS, Mizoram
3:00-4:00pm	Building Continuity of Care: Family Engagement, Referral, Community Follow-Up and Recovery	Dr. Amina Ahmed, Nursing Tutor, Dept. Of Psychiatric Nursing, LGBRIMH, Assam
4:00-4:30pm	Post test	
4:30-5:00pm	Valedictory session	



Who can attend?

Psychiatric nurses working at different setting across Northeast India

****ANC credit point will be awarded**



Registration details:

Registration is free but mandatory for all delegates. Please click on the below link to register for the workshop. Last date of registration is 11th October 2026

Registration link: <https://forms.gle/gfbJsVtETanpgE3y6>

Note: Credit point will be awarded from Assam Nursing Council.



For more queries contact:
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